区分	検査項目		① 日帰り 人間ﾄﾞｯｸ	② 日帰り 全身ｺｰｽ 男性	③ 日帰り 全身ｺｰｽ 女性	④ 1泊2日 A～D	⑤ 1泊2日 【午後から】 EF	⑥ 1泊2日 【午後から】 G	⑦ 1泊2日 全身ｺｰｽ 男性	⑧ 1泊2日 全身ｺｰｽ 女性	⑨ 脳検診	⑩ 一般 脳ﾄﾞｯｸ	⑪ 肺ﾄﾞｯｸ	⑫ 大腸 CT検診	⑬ 生活習慣病 予防健診	⑭ 法定健診 （全項目）	⑮ 脳心臓 SAS検査 ｾｯﾄ	⑯ SAS ｽｸﾘｰﾆﾝｸﾞ	⑰ MCI ｽｸﾘｰﾆﾝｸﾞ
問　診	問診（自覚症状・現病歴・既往歴・家族歴）		●	●	●	●	●	●	●	●		●			●	●	●		
身体計測	身長		●	●	●	●	●	●	●	●		●			●	●	●		
	体重		●	●	●	●	●	●	●	●		●			●	●	●		
	標準体重		●	●	●	●	●	●	●	●		●			●	●	●		
	BMI		●	●	●	●	●	●	●	●		●			●	●	●		
	脂肪率		●	●	●	●	●	●	●	●		●							
	脂肪量		●	●	●	●	●	●	●	●		●							
	視力		●	●	●	●	●	●	●	●		●			●	●	●		
	腹囲		●	●	●	●	●	●	●	●		●			●	●	●		
生理機能検査	聴力		●	●	●	●	●	●	●	●		●			●	●	●		
	血圧		●	●	●	●	●	●	●	●		●			●	●	●		
	心電図(安静時)		●	●	●	●	●	●	●	●		●			●	●	●		
	運動負荷心電図(ｴﾙｺﾞﾒｰﾀｰ)			●	●	●	●	●	●	●							●		
	眼圧		●	●	●	●	●	●	●	●									
	眼底カメラ		●	●	●	●	●	●	●	●		●			●				
	肺機能検査		●	●	●	●	●	●	●	●		●							
腹部検査	腹部超音波(肝臓・腎臓・膵臓・脾臓・胆嚢)		●	●	●	●	●	●	●	●									
	X線					●	●		●	●									
胸部検査	X線（直接撮影）		●	●	●	●	●	●	●	●		●	●		●	●			
	CT			●	●				●	●			●						
胃部検査	X線（バリウム）		●	●	●	○	○		○	○					●				
	内視鏡（カメラ） 経口または経鼻		○	○	○	○	○	●	○	○									
大腸検査	X線（バリウム）					○			○	○									
	内視鏡（カメラ）					○			○	○									
	CT							●						●					
	検便（2日法）		●	●	●		●								●				
血 液（一般）	白血球		●	●	●	●	●	●	●	●		●							
	赤血球		●	●	●	●	●	●	●	●		●			●	●			
	血色素量		●	●	●	●	●	●	●	●		●			●	●			
	血小板数		●	●	●	●	●	●	●	●		●							
	ヘマトクリット		●	●	●	●	●	●	●	●		●							
	血液像		●	●	●	●	●	●	●	●									
	MCH・MCHC・MCV																		
	血沈（1時間値・2時間値）		●	●	●	●	●	●	●	●									
	血液型（初回のみ）		●	●	●	●	●	●	●	●									
血 液（生化学）	肝機能検査	総ビリルビン	●	●	●	●	●	●	●	●		●							
		GOT	●	●	●	●	●	●	●	●		●			●	●	●		
		GPT	●	●	●	●	●	●	●	●		●			●	●	●		
		ALP	●	●	●	●	●	●	●	●		●							
		γ -GTP	●	●	●	●	●	●	●	●		●			●	●	●		
		総蛋白	●	●	●	●	●	●	●	●		●							
		アルブミン	●	●	●	●	●	●	●	●		●							
		A/G比	●	●	●	●	●	●	●	●		●							
		直ビリルビン	●	●	●	●	●	●	●	●									
		蛋白分画	●	●	●	●	●	●	●	●		●							
		LDH	●	●	●	●	●	●	●	●		●							
		LAP	●	●	●	●	●	●	●	●									
	腎機能検査	尿素窒素	●	●	●	●	●	●	●	●		●							
		尿酸	●	●	●	●	●	●	●	●		●			●				
		クレアチニン	●	●	●	●	●	●	●	●		●			●				
		Na	●	●	●	●	●	●	●	●		●							
		K	●	●	●	●	●	●	●	●		●							
		Cl	●	●	●	●	●	●	●	●		●							
		12時間ｸﾚｱﾁﾆﾝｸﾘｱﾗﾝｽ				●	●	●	●	●									
	膵機能検査	アミラーゼ	●	●	●	●	●	●	●	●		●			●				
	脂質検査	総ｺﾚｽﾃﾛｰﾙ	●	●	●	●	●	●	●	●		●							
		中性脂肪	●	●	●	●	●	●	●	●		●			●	●	●		
		HDLｺﾚｽﾃﾛｰﾙ	●	●	●	●	●	●	●	●		●			●	●	●		
		LDLｺﾚｽﾃﾛｰﾙ	●	●	●	●	●	●	●	●		●			●	●	●		
	糖代謝検査	空腹時血糖	●	●	●	●	●	●	●	●		●			●	●	●		
		HbA1c	●	●	●	●	●	●	●	●		●					●		
		グリコアルブミン	●	●	●	●	●	●	●	●									
		糖負荷検査(前・2h)				●	●	●	●	●									
	その他	Fe	●	●	●	●	●	●	●	●		●							
		TIBC	●	●	●	●	●	●	●	●									
		Ca	●	●	●	●	●	●	●	●		●							
		P	●	●	●	●	●	●	●	●									
血 液（血清学）	HBs抗原		●	●	●	●	●	●	●	●									
	HBs抗体		●	●	●	●	●	●	●	●									
	CRP		●	●	●	●	●	●	●	●									
	ASO		●	●	●	●	●	●	●	●									
	梅毒検査（TPHA法,RPR法）		●	●	●	●	●	●	●	●									
	MCIスクリーニング																		●
尿	沈渣		●	●	●	●	●	●	●	●		●							
	尿一般	蛋白	●	●	●	●	●	●	●	●		●			●	●	●		
		糖	●	●	●	●	●	●	●	●		●			●	●	●		
		潜血	●	●	●	●	●	●	●	●		●							
		ｳﾛﾋﾞﾘﾉｰｹﾞﾝ	●	●	●	●	●	●	●	●		●							
		PH	●	●	●	●	●	●	●	●		●							
	尿中微量ｱﾙﾌﾞﾐﾝ定量					●	●	●	●	●									
骨密度検査	DEXA法				●	●	●		●	●									
脳検査	MRI			●	●				●	●	●	●					●		
	MRA			●	●				●	●	●	●					●		
頸動脈検査	頸動脈超音波検査			●	●				●	●	●	●					●		
心臓検査	心臓超音波			●	●				●	●							●		
	血圧脈波			●	●				●	●							●		
腫瘍マーカー	PSA(前立腺)			●					●										
	CA125(卵巣腫瘍)				●					●									
	CEA・AFP・CA19-9(大腸・肝臓・膵臓)			●	●				●	●									
	TSH・FT3・FT4(甲状腺)			●	●				●	●									
	HANP・BNP(心臓ｽｸﾘｰﾆﾝｸﾞ)			●	●				●	●							●		
	HCV抗体			●	●				●	●									
喀痰検査	喀痰細胞診(3日法)												●						
睡眠時無呼吸検査	SASスクリーニング																●	●	
子宮がん口	子宮頚部細胞診				●					●									
	内診				●					●									
乳がん	マンモグラフィ（2方向）または乳腺超音波				●					●									
	視触診				●					●									
内科診察	医師診察		●	●	●	●	●	●	●	●	●	●	●		●	●	●		
結果報告	面接指導		○	○	○	●	○	○	●	●	○	○							
	報告書提出		●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●

● …宿泊コースは当日問診確認後、決定
○ …希望者または選択