

区分	検査項目	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩	⑪	⑫	⑬	⑭	⑮	⑯	⑰	
		日帰り 人間ドック	日帰り 全身コース		1泊2日 A~D	1泊2日 【午後から】 EF	1泊2日 【午後から】 G	1泊2日 全身コース		脳検診	一般 脳ドック	肺ドック	大腸 CT検診	生活習慣病 予防健診	法定健診 (全項目)	脳心臓 SAS検査 セット	SAS スクリーニング	MCI スクリーニング	
			男性	女性				男性	女性										
問診	問診(自覚症状・現病歴・既往歴・家族歴)	●	●	●	●	●	●	●	●		●			●	●	●			
身体計測	身長	●	●	●	●	●	●	●	●		●			●	●	●			
	体重	●	●	●	●	●	●	●	●		●			●	●	●			
	標準体重	●	●	●	●	●	●	●	●		●			●	●	●			
	BMI	●	●	●	●	●	●	●	●		●			●	●	●			
	脂肪率	●	●	●	●	●	●	●	●		●			●	●	●			
	脂肪量	●	●	●	●	●	●	●	●		●			●	●	●			
	視力	●	●	●	●	●	●	●	●		●			●	●	●			
生理機能検査	腹囲	●	●	●	●	●	●	●	●		●			●	●	●			
	聴力	●	●	●	●	●	●	●	●		●			●	●	●			
	血圧	●	●	●	●	●	●	●	●		●			●	●	●			
	心電図(安静時)	●	●	●	●	●	●	●	●		●			●	●	●			
	運動負荷心電図(エルゴメーター)	●	●	●	●	●	●	●	●		●			●	●	●			
	眼圧	●	●	●	●	●	●	●	●		●			●	●	●			
	眼底カメラ	●	●	●	●	●	●	●	●		●			●	●	●			
腹部検査	肺機能検査	●	●	●	●	●	●	●	●		●								
	腹部超音波(肝臓・腎臓・膵臓・脾臓・胆嚢)	●	●	●	●	●	●	●	●										
胸部検査	X線(直接撮影)	●	●	●	●	●	●	●	●		●	●		●	●				
	CT	●	●	●	●	●	●	●	●			●							
胃部検査	X線(バリウム)	●	●	●	○	○	○	○	○					●					
	内視鏡(カメラ) 経口または経鼻	○	○	○	○	○	●	○	○										
大腸検査	X線(バリウム)				○	○		○	○										
	内視鏡(カメラ)				○	○		○	○										
	CT						●					●							
血液(一般)	検便(2日法)	●	●	●									●						
	白血球	●	●	●	●	●	●	●	●		●								
	赤血球	●	●	●	●	●	●	●	●		●								
	血色素量	●	●	●	●	●	●	●	●		●								
	血小板数	●	●	●	●	●	●	●	●		●								
	ヘマトクリット	●	●	●	●	●	●	●	●		●								
	血液像	●	●	●	●	●	●	●	●		●								
	血沈(1時間値・2時間値)	●	●	●	●	●	●	●	●		●								
	血液型(初回のみ)	●	●	●	●	●	●	●	●		●								
	血液(生化学)	肝機能検査	総ビリルビン	●	●	●	●	●	●	●		●							
GOT			●	●	●	●	●	●	●	●		●			●	●	●		
GPT			●	●	●	●	●	●	●	●		●			●	●	●		
ALP			●	●	●	●	●	●	●	●		●							
γ-GTP			●	●	●	●	●	●	●	●		●			●	●	●		
総蛋白			●	●	●	●	●	●	●	●		●							
アルブミン			●	●	●	●	●	●	●	●		●							
A/G比			●	●	●	●	●	●	●	●		●							
直ビリルビン			●	●	●	●	●	●	●	●		●							
蛋白分画			●	●	●	●	●	●	●	●		●							
腎機能検査		LDH	●	●	●	●	●	●	●	●		●							
		LAP	●	●	●	●	●	●	●	●		●							
		尿素窒素	●	●	●	●	●	●	●	●		●							
		尿酸	●	●	●	●	●	●	●	●		●			●				
		クレアチニン	●	●	●	●	●	●	●	●		●							
		Na	●	●	●	●	●	●	●	●		●							
膵機能検査		K	●	●	●	●	●	●	●	●		●							
		Cl	●	●	●	●	●	●	●	●		●							
脂質検査		12時間クレアチニンクリアランス	●	●	●	●	●	●	●	●		●							
		アミラーゼ	●	●	●	●	●	●	●	●		●			●				
		総コレステロール	●	●	●	●	●	●	●	●		●							
		中性脂肪	●	●	●	●	●	●	●	●		●							
		HDLコレステロール	●	●	●	●	●	●	●	●		●							
糖代謝検査		LDLコレステロール	●	●	●	●	●	●	●	●		●							
		空腹時血糖	●	●	●	●	●	●	●	●		●							
		HbA1c	●	●	●	●	●	●	●	●		●							
その他		グリコアルブミン	●	●	●	●	●	●	●	●		●							
	Fe	●	●	●	●	●	●	●	●		●								
	TIBC	●	●	●	●	●	●	●	●		●								
	Ca	●	●	●	●	●	●	●	●		●								
血液(血清学)	P	●	●	●	●	●	●	●	●		●								
	HBs抗原	●	●	●	●	●	●	●	●										
	HBs抗体	●	●	●	●	●	●	●	●										
	CRP	●	●	●	●	●	●	●	●										
	ASO	●	●	●	●	●	●	●	●										
	梅毒検査(TPHA法,RPR法)	●	●	●	●	●	●	●	●										
尿	HCV抗体	●	●	●	●	●	●	●	●										
	尿一般	沈渣	●	●	●	●	●	●	●	●		●							
		蛋白	●	●	●	●	●	●	●	●		●			●	●	●		
		糖	●	●	●	●	●	●	●	●		●			●	●	●		
		潜血	●	●	●	●	●	●	●	●		●			●	●	●		
		ウロビリノーゲン	●	●	●	●	●	●	●	●		●			●	●	●		
PH	●	●	●	●	●	●	●	●		●									
尿中微量アルブミン定量				●	●	●	●	●											
骨密度検査	DEXA法			●	●	●	●	●											
脳検査	MRI		●	●	●	●	●	●	●		●								
	MRA		●	●	●	●	●	●	●		●								
動脈硬化検査	頸動脈超音波検査		●	●	●	●	●	●	●		●								
	血圧脈波		●	●	●	●	●	●	●		●								
心臓検査	心臓超音波		●	●	●	●	●	●	●										
	HANP・BNP(心臓スクリーニング)		●	●	●	●	●	●	●										
甲状腺検査	TSH・FT3・FT4		●	●	●	●	●	●	●										
腫瘍マーカー	PSA(前立腺)		●	●	●	●	●	●	●										
	CA125(卵巣腫瘍)		●	●	●	●	●	●	●										
	CEA・AFP・CA19-9(大腸・肝臓・膵臓)		●	●	●	●	●	●	●										
喀痰検査	喀痰細胞診(3日法)											●							
アルツハイマー型認知症検査	MCIスクリーニング																	●	
睡眠時無呼吸検査	SASスクリーニング																	●	
子宮がん口	子宮頸部細胞診			●															
	内診			●															
乳がん	マンモグラフィ(2方向)または乳腺超音波			●															
	視触診			●															
内科診察	医師診察	●	●	●	●	●	●	●	●		●			●	●	●			
	面談指導	○	○	○	○	○	○	○	○		○								